

Emotional Webquest

PART 1: Emotions and Faces

Go to the Genes to Cognition website. <http://www.g2online.org> Use the search box and search **dissect-a-face**.

1. Who first studied facial expressions?

2. Who has done more recent work regarding universal facial expressions?

3. What are the 6 universally accepted facial expressions?

4. Which other 2 emotions are now being considered as universal?

5. How many Universal emotions does Ekman currently propose there may be?

6. Briefly explain how the eyes and mouth play a role in the dissect-face activity.

• Surprise:

• Disgust:

• Fear:

• Anger:

• Sadness:

PART 3: Reading people's emotions

Find out how well you read people's emotions by taking the quiz on this site: <http://greatgood.berkeley.edu/quiz/>
Describe your experience. How well did you do? How can you improve your facial recognition of emotion skills?

PART 4: Reading people's micro-emotions

Go to CIO, take the micro facial expressions test? **BE SURE YOU READ THE INSTRUCTIONS!**
<http://www.cio.com/article/facial-expressions-test>

- How many of the 10 facial expressions did you get correct on the first try?
(If you need to see a microexpression again press the number of the facial expression)

PART 5: Theories of Emotions

Use your text book, the internet and this crash course video <https://www.youtube.com/watch?v=gAMbKJk6me> to define each theory of emotion. For each theory, provide a real-life example.

- James-Lange Theory
- Cannon-Bard Theory
- Happiness:

PART 2: Emotions and Faces

For each of the emotions below, describe how you can recognize them on a person's face. Then, go to <http://www.humintell.com/2010/06/the-seven-basic-emotions-do-you-know-them/>. Describe the facial features that indicate each of the following emotions. How well do you know how to recognize these emotions on faces???

PsychSim 5: EXPRESSING EMOTION

Name: _____ Section: _____

Date: _____

In this activity you will learn about the role of facial expressions in the nonverbal communication of emotion.

Primary Affects

- What emotions are generally considered primary affects? How do they relate to facial expressions?

- Schachter's two-factor
- Zajonc
- Opponent-Process

PART 6: Practice with Theories of Emotion

Target: Compare the James-Lange, Cannon-Bard, Schachter-Singer, Zajonc, Opponent-Process Theories of Emotion
Directions: Read each of the following situations and identify to which theory each situation refers.

1. Shrek realizes that every time he sees Fiona his heart starts to race. He determines from this, he must be in love with her.
2. One of Pavlov's dog has broken free, he is extremely angry and seeks his revenge against "the evil" Ivan. As Ivan runs from the dog he realizes he is both scared and feels his heart race at the same time.
3. Freddy the clown has been working at the circus for years. He figures that he must be having fun at his job because he feels his heart racing. It also seems as if everyone else at the circus is having fun, so he identifies this feeling as "fun".
4. Ramona was excited because the time machine she created allowed her to finally meet her favorite historical psychologist, Jean Piaget. She knew, however, that after the great excitement of the day would be followed by depression once she had to return.
5. This theory believes that the thalamus can route emotional message to multiple parts of the brain at the same time causing us to feel the physiological and emotional feelings simultaneously.
6. This theory states that after several instances with experiencing a given emotion one will not experience such extreme swings in their emotions.
7. Cognitive Assessment of physiological arousal
8. Is often referred to as the Two-Factor Model of emotion.
9. States that assessment of emotions may take too long in emergency situations therefore violates the two-factor theory.
10. As you run from the attack tiger that activates your sympathetic nervous system, you run away and then realize that you are afraid.

PART 7: Psych Sim Expressing Emotion
 Go to the psychsim website and complete the following psychsim

The Facial Code

- Using the table below, describe the characteristic positions of the eyebrows, eyes, and mouth for each of the six primary affects.

	Eyebrows	Eyes	Mouth
1.			
2.			
3.			
4.			
5.			
6.			

- How does the expression of disgust differ from the other primary affects?

Emotional Blends

- What are emotional blends? How do people generally express them?

Masking Emotion

- How are people able to mask emotions?