

**Chapter 5 States of Consciousness: Hypnosis & Drugs**  
**Pages 192-210**

**Study Guide/Questions**

**Directions:** As you read this section of chapter 5, answer each question.

1. Discuss the characteristics of people who are susceptible to hypnosis, and evaluate claims that hypnosis can influence people's memory, will, health, and perception of pain.
2. Give arguments for and against hypnosis as an altered state of consciousness.
3. Discuss the nature of drug dependence and addiction, and identify three common misconceptions about addiction.
4. Explain how depressants affect nervous system activity and behavior, and summarize the findings on alcohol use and abuse.
5. Identify the major stimulants, and explain how they affect neural activity and behavior.
6. Describe the physiological and psychological effects of hallucinogens, and summarize the effects of LSD and marijuana.
7. Discuss the biological, psychological, and social-cultural factors that contribute to drug use.

# Psychoactive Drug Project

Psychoactive drugs are a part of our lives. Whether they are over the counter, prescription, illegal, or otherwise, they have an impact by helping or hindering our health and performance.

## Directions:

Select a drug you want to research and report on. These will be assigned on a first-come, first-serve basis, so have a few drugs in mind when it comes time to choose.

Your report should include the following information:

1. Description of the drug, including its makeup
2. Classification of the drug
3. Slang terms or street names for the drug
4. Ways to ingest the drug
5. Similar drugs with the same effects
6. Medicinal use of the drug
7. Effects
  - a. Psychological effects to the brain
  - b. Physiological effects on the rest of the body
  - c. Duration of effects (both short and long term)
8. Dependence (psychological and physical)
9. A visual aid → mouse party, a short video or well-chosen images.
10. A fooler, which is a falsehood, or something that is definitely not true about your drug. Stay away from numbers.

① Create a ppt - no more than 10 slides total

② Font must be at least 20 pt. Do NOT put too much info on each slide

③ Speak to us! Do not read to us! Know your topic!

## Presentation:

- You will be graded on the criteria above.
- You may work with another person.

This project will be due on \_\_\_\_\_ and is worth 50 points.

→ 25 research  
→ 25 presentation

A list of drugs is located below. If there is one not listed that you would like to report on, check with me for approval.

Drug List: Choose 2 per group

Alcohol  
Amphetamines  
Barbiturates  
Butyrophenones  
Caffeine  
Clozapine  
Cocaine  
Codeine  
Crack  
Crystal meth  
Datura  
Dextroamphetamine  
GHB  
Hashish

Heroin  
Inhalants  
Ketamine  
LSD  
Marijuana  
Muscarine  
MDMA (ecstasy)  
Meprobamate  
Mescaline  
Methadone  
Methylphenidate  
Morphine  
Nicotine  
Opium

OxyContin  
Peyote  
Phenothiazines  
Phencyclidine (PCP)  
Psilocybin  
(hallucinogenic mushrooms)  
Rohypnol (date rape drug)  
Secobarbital  
Steroids  
Strychnine  
Thalidomide  
Theophylline  
Tranquilizers