**Five-Factor Model of Personality (OCEAN)**

**Openness to Experience**



Original-Conventional

Imaginative-Down to Earth

Creative-Uncreative

Broad Interests-Narrow Interests

Complex-Simple

Curious-Uncurious

**Conscientiousness-Undirectedness**

Conscientiousness-Negligent

Careful-Careless

Reliable-Undependable

Well-Organized-Disorganized

Self-Disciplined-Weak-willed

Persevering-Quitting

**Extraversion**

Sociable-Retiring

Fun loving-Sober

Affectionate-Reserved

Friendly-Aloof

Spontaneous-Inhibited

Talkative-Quiet

**Agreeableness-Antagonism**

Good natured-Irritable

Soft hearted-Ruthless

Courteous-Rude

Forgiving-Vengeful

Sympathetic-Callous

Agreeable-Disagreeable

**Neuroticism**

Worrying-Calm

Nervous-At Ease

High-Strung-Relaxed

Insecure-Secure

Self-Pitying-Self-Satisfied

Vulnerable-Hardy

Source: McCrae, R.R. & Costa, P.T., Jr. (1987). Validation of the five-factor model of personality across instruments and observers. Journal of Personality and Social Psychology, 52, 81-90..

**DIRECTIONS: Take at least five of the BIG FIVE PERSONALITY TESTS found online. There are several linked to the class website. How do they compare? Do they accurately describe you? What might be some weaknesses of this test?**

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