**Five-Factor Model of Personality (OCEAN)**

**Openness to Experience**

![Macintosh HD:Users:lbrandt:Desktop:MPj04027340000[1].jpg]()

 Original-Conventional

 Imaginative-Down to Earth

 Creative-Uncreative

 Broad Interests-Narrow Interests

 Complex-Simple

 Curious-Uncurious

**Conscientiousness-Undirectedness**

 Conscientiousness-Negligent

 Careful-Careless

 Reliable-Undependable

 Well-Organized-Disorganized

 Self-Disciplined-Weak-willed

 Persevering-Quitting

**Extraversion**

 Sociable-Retiring

 Fun loving-Sober

 Affectionate-Reserved

 Friendly-Aloof

 Spontaneous-Inhibited

 Talkative-Quiet

**Agreeableness-Antagonism**

 Good natured-Irritable

 Soft hearted-Ruthless

 Courteous-Rude

 Forgiving-Vengeful

 Sympathetic-Callous

 Agreeable-Disagreeable

**Neuroticism**

 Worrying-Calm

 Nervous-At Ease

 High-Strung-Relaxed

 Insecure-Secure

 Self-Pitying-Self-Satisfied

 Vulnerable-Hardy

Source: McCrae, R.R. & Costa, P.T., Jr. (1987). Validation of the five-factor model of personality across instruments and observers. Journal of Personality and Social Psychology, 52, 81-90..

**DIRECTIONS: Take at least five of the BIG FIVE PERSONALITY TESTS found online. There are several linked to the class website. How do they compare? Do they accurately describe you? What might be some weaknesses of this test?**

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